



### GENERAL INFORMATION

Swimming Canada rules govern this competition. Competition Rules and procedures contained in this Meet Information package supersede those found within the Swimming Canada Rulebook.

Attendance at this meet will be by invitation only to limit the overall number of competitors. In order to be eligible to receive an invitation to attend the 2020 Olympic Trials, swimmers must be registered with a Swimming Canada affiliated club in a Competitive registration category. Swimmers registered with a U SPORTS affiliated University must be registered in a Varsity registration category (Varsity or Varsity Year-Round). Permanent Non-resident Canadian swimmers must be registered directly with Swimming Canada and will represent Unattached Canada. **All swimmers must have completed all Swimming Canada and Provincial Section registration requirements by noon EST on Dec. 18, 2020.** Please reference [Swimming Canada Rulebook](#) for eligibility rules (CGR1.2.1 and CGR 1.3.1).

### Competition hosts

Swimming Canada and Swim Ontario

### Venue

Toronto Pan Am Sports Centre  
875 Morningside Ave, Toronto, ON M1C 0C7

### Pool

10-lane 50m competition pool  
10-lane 50m warm-up pool & Dive tank

### KEY DATES

<b>Meet Entry Deadline</b>	As per final invitation deadlines.		
<b>Registration</b>	Wednesday, June 16, 2021 3:30pm – 7:30pm	Thursday, June 17, 2021 7:30am – 7:30pm	Friday, June 18, 2021 7:30am – 7:30pm
	All club representatives are required to register their club at the registration desk to receive accreditation. <b>All coaches and support staff must register themselves in person. Each team will be provided with specific registration time slot prior to the event.</b>		
<b>Pre-Event Training</b>	Wednesday, June 16, 2021 4:00pm – 8:00pm	Thursday, June 17, 2021 8:00am – 8:00pm	Friday, June 18, 2021 8:00am – 8:00pm
	Information to follow on requesting pre-meet training, and training for days not competing.		
<b>Technical Meeting &amp; Safety Protocols</b>	Thursday, June 10, 2021 – 7pm ET		
<b>Swimmer Safety Protocols</b>	Saturday, June 12, 2021 – 3pm ET		
<b>Competition Times</b>	Prelims – Racing Block # 1 – 8am warm ups/9:30am start		
	Prelims – Racing Block # 2 – 11am warm ups/12:30pm start		
	Finals – 4pm warm ups/5:30pm start		

### ORGANIZING COMMITTEE

Swimming Canada Events Manager  
National Meet Director  
National Meet Director  
National Meet Referee  
National Meet Referee  
National Meet Referee  
Officials Coordinator  
Swimming Canada Meet Entry Coordinator

Jocelyn Jay  
Nicole Parent  
Trevor Cowan  
Louise Leblanc  
Bill Hogan  
Dave Shewfelt  
Paul Corkum  
Rob Traynor

[jjay@swimming.ca](mailto:jjay@swimming.ca)  
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[corko@sympatico.ca](mailto:corko@sympatico.ca)  
[rtraynor@swimming.ca](mailto:rtraynor@swimming.ca)



## SAFE SPORT

Swimming Canada believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination. Swimming Canada is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others.

All participants in this event are reminded that they are bound by Swimming Canada's Policies and Procedures, including but not limited to, the General Code of Conduct, the Equity, Diversity and Inclusion Policy, and the Harassment Policy.

For Information regarding the Swimming Canada Safe Sport Program please visit the [Swimming Canada website](#).

## COVID-19 SAFETY

Swimming Canada and the Swim Ontario Local Organizing Committee will follow all facility & health regulations and/or Ontario provincial orders and will follow their Safety Plan. Participants (swimmers, coaches, officials and support staff) are reminded that they are bound by the Acknowledgment & Assumption of Risk and COVID Attestation executed as part of their registration.

All participants will need to provide contact information and complete the self-screening prior to arriving at the facility. An online form will be shared with participants after May 1, 2021.

Participants are reminded to arrive no earlier or later than scheduled arrival time. The facility will also do a screening and temperature check. The final details of arrival times for all participants will be shared after June 1, 2021.

All participants must wear a mask that covers the nose, mouth and chin at all times when in the TPASC facility and on deck. Swimmers may remove their masks prior to entering the water and must put on their mask when exiting the water.

A minimum of 2m physical distancing must be maintained at all times with the exception of momentary passing in the lane during warm-up periods. No more than 4 swimmers per lane will be permitted, starting and stopping at opposite ends with no congregating.

Online virtual meetings to outline all safety protocols, traffic flow, deck layout and arrival/departure times will be scheduled after June 1, 2021.

## NATIONAL TEAM SELECTION

This competition will serve as the nomination or selection Trials for the 2020 Olympic Games (taking place in 2021).

### Selection Criteria

Olympic Program selection criteria can be found [here](#)

### QUALIFYING STANDARDS

[2021 Swimming Canada Standards](#)

A competitor's age is determined by their year of birth i.e. age as of December 31, 2021.

### Qualification Period – Olympic Program

Only swimmers who have achieved the Senior Qualifying Standard for the 2020 Olympic Trials in each Olympic event, and meet the eligibility requirements to be selected to the 2020 Canadian Olympic Team



as of Dec. 18, 2020 will be eligible for an invitation. Times performed Long Course since September 1, 2018 through December 6, 2020 are eligible for consideration for an invitation.

## ENTRY FEES & INFORMATION

**Entry Fees** - \$150 CAD per Swimmer

Invoices will be sent to the club Head Coach for each swimmer who has accepted an invitation.

### Entry Process

All swimmers in the final Top 20 rankings for the Olympic Program after the deadline to accept invitations, will automatically be entered in the meet.

All Canadian club and varsity coaches attending the event must be included in the swimmer invitation acceptance form in order to receive accreditation.

Varsity swimmers who wish to represent their Varsity team at trials will be able to do so only if they are registered in the Varsity Year-Round category or duly registered in the Varsity-Open or Competitive-Open category with their Age Group club.

### Olympic Program Trials Invitation Process

- Only swimmers who meet the eligibility requirements to be selected to the 2020 Canadian Olympic Team as of December 18, 2020 will be eligible to receive an invitation to the 2020 Olympic Trials.
- A maximum of 20 swimmers per Olympic event will be invited to attend.
- Below you will find the process to finalize the invitation process over the next few weeks.
  1. Any swimmer who accepted an invitation in Round 1 and Round 2 and then subsequently withdrew has been provided the opportunity to re-accept their invitation based on the new dates of trials.
  2. Following step 1, an updated list of invited swimmers will be circulated to all swimmers and coaches to review. Based on the new dates for trials, all swimmers will be provided an opportunity to withdraw from the competition or specific events without penalty.
  3. Swimmers will also be provided with the opportunity to express an interest in additional events should there be fewer than 20 swimmers confirmed in any event.
  4. Where spaces are available, swimmers will be confirmed in additional events based ranked performances from September 1, 2018 to December 6, 2020.

### Foreign Swimmers

Foreign swimmers, defined as an athlete who is not eligible to compete for Canada at the Olympic Games, are ineligible for an invitation.

Any swimmer attending from outside of Canada must follow the required Government of Canada COVID-19 entry restrictions and quarantine requirements, with the 14<sup>th</sup> day as June 15, 2021, and at the foreign swimmer expense, regardless of vaccination status.

### Psych Sheets/Final Rankings

Psych sheets/final rankings will be posted on Swimming Canada's website soon after the final round of invitations is complete.

### Scratches

Email scratches will be accepted by email until **June 16, 2021 at 4pm** to [rtraynor@swimming.ca](mailto:rtraynor@swimming.ca).

Following the above date, email scratches WILL NOT be accepted and the **online** meet scratch form is required. Medical exemptions to be considered.



## Scratch Deadlines:

- **Timed Final events (400m, 800m, 1500m):** Scratches for **time final events** must be submitted by 6:30pm on the previous day.
- **Finals (200m, 100m, 50m):** Scratches for finals must be submitted by 1:30 pm on the day of race.
- **Preliminary events (200m, 100m, 50m):** No scratch deadline for preliminary events.

## Penalty

There shall be a \$50.00 penalty for Scratches made after the Scratch Deadline. This penalty shall apply to all step-downs, no-shows, and unexcused incomplete swims for Timed Finals and Finals. (Unexcused incomplete swims shall be the sole determination of the Referee).

All fines will be invoiced to the club by Swimming Canada. No payment will be collected on the pool deck. Any club with unpaid fines will not be permitted entrance into future national events until paid.

## COMPETITION INFORMATION

### Warm-up Safety Procedures

Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in place. The full document can be viewed [here](#). Warm-up Safety Procedures will be in effect during the designated warm-up times.

### Starts

All starts will be conducted from Starting Platforms (blocks).  
For Olympic events – as per FINA FR 2.3 and SW 4.1.

### Backstroke Ledges

Backstroke ledges will be available for use. Swimmers shall be responsible for setting the device.

### Preliminaries

Preliminary heats will be swum in 10 lanes, senior seeded as per SW 3.1.1.2.

### Finals

Finals will be swum in 10 lanes for all events. There will be “A” finals for all 200m events and down.

### Time-Finals

All 400m events and up will be swum as Time-Finals with the fastest 10 swimmers advancing directly to the finals session.

## ACCREDITATION INFORMATION

**There will not be Accreditations for this event. Accreditations will only be given for commemorative purposes.**

**All individuals who will be entering the competition site, TPASC, will be required to complete the facility waiver as well as daily screening and temperature checks. More information and links to waiver to follow.**

No team pit areas are permitted in training or competition pool deck areas. These must be set up at each team's hotel accommodation and follow all the appropriate distancing and hygiene measures to protect swimmers and practitioners.



## Foreign Coach

Foreign Coaches/Support Staff: \$100 CAD

Any foreign coaches attending will be required to submit their coaching registration information during the submission of their team's entries. All coaches (other than those members of USA Swimming) are asked to have their National Federation to provide a letter to [jjay@swimming.ca](mailto:jjay@swimming.ca) confirming they are a National Coach or officially tied to a club in that country. The fee for the foreign coach credentials will be included on the invoice with swimmer entries.

Any foreign coaches attending must follow the required Government of Canada COVID-19 entry restrictions and quarantine requirements, with the 14<sup>th</sup> day as June 15, 2021, and at the foreign coach expense, regardless of vaccination status.

## AWARD INFORMATION

Medals for first, second and third.

**Olympic Program** - Canadian Female and Male Swim of the Meet, based on 2019 World Rankings.

## DOPING CONTROL

Participants registered for this event must be aware that doping control may be conducted by the Canadian Centre for Ethics in Sport (CCES) in accordance with the Canadian Anti-Doping Program.

To avoid a positive test and the consequences of an anti-doping rule violation, athletes are encouraged to take the following steps:

- **Check your medications:** Use the Global DRO (<http://www.globaldro.com/>) to determine if any prescription or over-the-counter medications or treatments you are using are banned by the WADA Prohibited List.
- **Review your medical exemption requirements:** If you require the use of a banned medication for a legitimate medical reason visit (<http://cces.ca/medical-exemptions>) to obtain information and instructions about how to apply for a medical exemption.
- **Learn about the doping risks associated with supplements:** Do not use supplements, or take significant precautions prior to doing so. Supplement products cannot be verified by the CCES or in the Global DRO. A lack of industry and government regulation makes it impossible to confirm their ingredients. Find out more at <http://cces.ca/supplements>.
- **Review the sample collection procedures:** This short video will take you step-by-step through doping control (<http://cces.ca/sample-collection-procedures>).
- **Contact the CCES with any questions:**
  - Email: [info@cces.ca](mailto:info@cces.ca)
  - Call toll-free: 1-800-672-7775
  - Online: [www.cces.ca/athletezone](http://www.cces.ca/athletezone)

## SITE INFORMATION

**Medical and Safety Plan to be released at a later date.**

### Hospitality – Officials & Coaches

Hospitality will not be available for officials and coaches.

### Parking

Paid parking is available at the facility. See [HERE](#) for more information.

### Lockers

Lockers will not be available for this event. All swimmers must take their belongings on to the deck. Officials may use the available lockers in the hallway of the fieldhouse hallway.



**TRAVEL INFORMATION**

**Hotel Accommodations** - Hotel lists for this competition can be found at:

<https://www.swimming.ca/en/resources/miscellaneous/hotels/>

**Swimming Canada Rental Car Partner** - AVIS Rent a Car - for bookings visit

<https://www.swimming.ca/en/resources/miscellaneous/travel-tools/>

**For information and updates to this document please refer to the Swimming Canada [website](#).**

This document has been prepared in English and translated to French. Where there is a discrepancy between the two versions, the English version shall be applied.



## 2020 Canadian Olympic Trials

Saturday, June 19, 2021	Sunday, June 20, 2021	Monday, June 21, 2021	Tuesday, June 22, 2021	Wednesday, June 23, 2021
Warm up: TBC Session start: TBC	Warm up: TBC Session start: TBC	Warm up: TBC Session start: TBC	Warm up: TBC Session start: TBC	Warm up: TBC Session start: TBC
W 100 Fly M 100 Fly W 400 Free - Slower Heat	W 200 Free M 200 Free	W 200 IM M 200 IM W 800 Free - Slower Heat	W 200 Breast M 200 Breast W 100 Free	W 200 Back M 200 Back
Warm up: TBC Session start: TBC	Warm up: TBC Session start: TBC	Warm up: TBC Session start: TBC	Warm up: TBC Session start: TBC	Warm up: TBC Session start: TBC
W 100 Back M 100 Back M 400 Free - Slower Heat	W 100 Breast M 100 Breast	W 50 Free M 50 Free M 1500 Free - Slower Heat	W 200 Fly M 200 Fly M 100 Free	W 400 IM - Slower Heat M 400 IM - Slower Heat W 1500 Free - Slower Heat M 800 Free - Slower Heat
Warm up: TBC Session start: TBC	Warm up: TBC Session start: TBC	Warm up: TBC Session start: TBC	Warm up: TBC Session start: TBC	Warm up: TBC Session start: TBC
W 100 Fly – A Final M 100 Fly – A Final W 100 Back – A Final M 100 Back – A Final W 400 Free - Faster Heat M 400 Free - Faster Heat	W 200 Free – A Final M 200 Free – A Final W 100 Breast – A Final M 100 Breast – A Final	W 800 Free - Faster Heat M 1500 Free - Faster Heat W 200 IM – A Final M 200 IM – A Final W 50 Free – A Final M 50 Free – A Final	W 200 Breast – A Final M 200 Breast – A Final W 200 Fly – A Final M 200 Fly – A Final W 100 Free – A Final M 100 Free – A Final	W 400 IM - Faster Heat M 400 IM - Faster Heat W 200 Back – A Final M 200 Back – A Final W 1500 Free - Faster Heat M 800 Free - Faster Heat