

2016 - 2020 Girls Manitoba Provincial "A" Time Standards

11&U	12	13	14	15	16&O	Events	16&O	15	14	13	12	11&U
LCM	LCM	LCM	LCM	LCM	LCM		SCM	SCM	SCM	SCM	SCM	SCM
00:40.5	00:37.6	00:36.0	00:34.9	00:34.3	00:34.0	50Fr	00:33.2	00:33.5	00:34.1	00:35.1	00:36.8	00:39.5
01:28.5	01:22.3	01:18.6	01:16.2	01:15.1	01:14.3	100Fr	01:13.1	01:13.8	01:14.9	01:17.3	01:20.9	01:27.0
03:12.5	02:59.0	02:51.0	02:45.8	02:43.3	02:41.7	200Fr	02:38.9	02:40.5	02:42.9	02:48.0	02:55.9	03:09.1
06:48.7	06:20.1	06:03.0	05:52.1	05:46.9	05:43.4	400Fr	05:35.1	05:38.5	05:43.6	05:54.3	06:11.0	06:38.9
14:09.3	13:09.9	12:34.3	12:11.7	12:00.7	11:53.5	800Fr	11:35.3	11:42.4	11:53.0	12:15.1	12:49.8	13:47.7
27:45.6	25:49.0	24:39.3	23:54.9	23:33.4	23:19.3	1500Fr	22:45.3	22:59.0	23:20.0	24:03.3	25:11.3	27:05.1
00:46.7	00:43.4	00:41.4	00:40.2	00:39.6	00:39.2	50Bk	00:38.4	00:38.7	00:39.3	00:40.5	00:42.5	00:45.7
01:39.4	01:32.4	01:28.3	01:25.6	01:24.3	01:23.5	100Bk	01:21.7	01:22.5	01:23.7	01:26.3	01:30.4	01:37.2
03:36.4	03:21.3	03:12.2	03:06.4	03:03.6	03:01.8	200Bk	02:56.1	02:57.9	03:00.6	03:06.2	03:14.9	03:29.6
00:51.9	00:48.3	00:46.1	00:44.7	00:44.0	00:43.6	50Br	00:42.9	00:43.3	00:44.0	00:45.3	00:47.4	00:51.0
01:53.4	01:45.5	01:40.7	01:37.7	01:36.2	01:35.3	100Br	01:32.7	01:33.6	01:35.0	01:38.0	01:42.6	01:50.3
04:05.4	03:48.2	03:38.0	03:31.4	03:28.3	03:26.2	200Br	03:20.6	03:22.6	03:25.7	03:32.1	03:42.1	03:58.8
00:43.7	00:40.6	00:38.8	00:37.6	00:37.1	00:36.7	50FL	00:36.5	00:36.8	00:37.4	00:38.6	00:40.4	00:43.4
01:37.9	01:31.0	01:27.0	01:24.3	01:23.1	01:22.2	100FL	01:21.3	01:22.1	01:23.4	01:25.9	01:30.0	01:36.8
03:44.6	03:28.8	03:19.5	03:13.5	03:10.6	03:08.7	200FL	03:03.8	03:05.7	03:08.5	03:14.4	03:23.5	03:38.8
						100IM	01:29.6	01:29.6	01:34.9	01:34.9	01:44.2	01:44.2
03:39.8	03:24.4	03:15.2	03:09.4	03:06.5	03:04.7	200IM	02:59.4	03:01.3	03:04.0	03:09.7	03:18.6	03:33.6
07:46.2	07:13.5	06:54.0	06:41.6	06:35.6	06:31.6	400IM	06:21.5	06:25.4	06:31.3	06:43.4	07:02.4	07:34.2

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LCM	LCM	LCM	LCM	LCM	LCM		SCM	SCM	SCM	SCM	SCM	SCM
00:36.0	00:33.5	00:32.0	00:31.0	00:30.5	00:30.2	50Fr	00:29.5	00:29.8	00:30.3	00:31.2	00:32.7	00:35.1
01:18.7	01:13.1	01:09.9	01:07.8	01:06.7	01:06.1	100Fr	01:04.9	01:05.6	01:06.6	01:08.7	01:11.9	01:17.3
02:51.1	02:39.1	02:32.0	02:27.4	02:25.2	02:23.7	200Fr	02:21.2	02:22.7	02:24.8	02:29.3	02:36.3	02:48.1
06:03.3	05:37.9	05:22.7	05:13.0	05:08.3	05:05.2	400Fr	04:57.9	05:00.9	05:05.5	05:14.9	05:29.7	05:54.6
12:34.9	11:42.1	11:10.5	10:50.4	10:40.6	10:34.2	800Fr	10:18.1	10:24.3	10:33.8	10:53.4	11:24.2	12:15.7
24:40.5	22:56.9	21:54.9	21:15.5	20:56.4	20:43.8	1500Fr	20:13.5	20:25.8	20:44.5	21:23.0	22:23.4	24:04.5
00:41.5	00:38.6	00:36.8	00:35.7	00:35.2	00:34.8	50Bk	00:34.1	00:34.4	00:35.0	00:36.0	00:37.7	00:40.6
01:28.3	01:22.2	01:18.5	01:16.1	01:15.0	01:14.2	100Bk	01:12.6	01:13.3	01:14.4	01:16.8	01:20.4	01:26.4
03:12.4	02:58.9	02:50.8	02:45.7	02:43.2	02:41.6	200Bk	02:36.5	02:38.1	02:40.5	02:45.5	02:53.3	03:06.3
00:46.1	00:42.9	00:41.0	00:39.7	00:39.1	00:38.8	50Br	00:38.1	00:38.5	00:39.1	00:40.3	00:42.2	00:45.3
01:40.8	01:33.8	01:29.6	01:26.9	01:25.6	01:24.7	100Br	01:22.4	01:23.2	01:24.5	01:27.1	01:31.2	01:38.1
03:38.2	03:22.9	03:13.8	03:07.9	03:05.1	03:03.3	200Br	02:58.3	03:00.1	03:02.9	03:08.5	03:17.4	03:32.3
00:38.8	00:36.1	00:34.5	00:33.5	00:33.0	00:32.6	50FL	00:32.4	00:32.7	00:33.2	00:34.3	00:35.9	00:38.6
01:27.0	01:20.9	01:17.3	01:15.0	01:13.8	01:13.1	100FL	01:12.2	01:13.0	01:14.1	01:16.4	01:20.0	01:26.0
03:19.6	03:05.6	02:57.3	02:52.0	02:49.4	02:47.7	200FL	02:43.4	02:45.1	02:47.6	02:52.8	03:00.9	03:14.5
03:15.4	03:01.7	02:53.6	02:48.3	02:45.8	02:44.2	200IM	02:39.5	02:41.1	02:43.6	02:48.6	02:56.6	03:09.9
06:54.4	06:25.4	06:08.0	05:57.0	05:51.6	05:48.1	400IM	05:39.1	05:42.6	05:47.8	05:58.5	06:15.4	06:43.7