

Appendix A — Qualifying Standards

EVENTS	Men		Women	
	Yards	Meters	Yards	Meters
50 FREESTYLE	21.95	24.49	25.58	28.54
	22.60	25.23	26.34	29.40
100 FREESTYLE	48.55	54.18	55.88	1:02.36
	50.00	55.81	57.55	1:04.23
200 FREESTYLE	1:47.69	2:00.19	2:03.09	2:17.38
	1:50.92	2:03.80	2:06.78	2:21.50
500/400 FREESTYLE	4:52.19	4:15.63	5:26.78	4:45.89
	5:00.95	4:23.30	5:36.58	4:54.47
1650/1500 FREESTYLE	17:26.99	17:23.86	19:04.99	19:01.56
	17:58.40	17:55.17	19:39.34	19:35.81
100 BACKSTROKE	54.30	1:00.60	1:02.44	1:09.68
	55.92	1:02.42	1:04.31	1:11.77
200 BACKSTROKE	1:58.46	2:12.21	2:15.99	2:31.77
	2:02.01	2:16.17	2:20.07	2:36.32
100 BREASTSTROKE	59.84	1:06.78	1:11.01	1:19.25
	1:01.63	1:08.78	1:13.14	1:21.69
200 BREASTSTROKE	2:12.30	2:27.65	2:34.86	2:52.83
	2:16.26	2:32.08	2:39.51	2:58.02
100 BUTTERFLY	53.05	59.20	1:01.59	1:08.73
	54.64	1:00.98	1:03.43	1:10.80
200 BUTTERFLY	2:00.34	2:14.31	2:19.99	2:36.24
	2:03.95	2:18.34	2:24.19	2:40.93
200 INDIVIDUAL MEDLEY	1:59.42	2:13.28	2:16.81	2:32.69
	2:03.00	2:17.28	2:20.91	2:37.27
400 INDIVIDUAL MEDLEY	4:23.49	4:54.07	4:58.70	5:33.37
	4:31.39	5:02.90	5:07.66	5:43.37
200 MEDLEY RELAY	1:50.71	2:02.89	2:09.97	2:24.27
400 MEDLEY RELAY	3:57.53	4:23.66	4:44.88	5:16.23
200 FREESTYLE RELAY	1:36.60	1:47.23	1:55.39	2:08.08
400 FREESTYLE RELAY	3:29.07	3:52.07	4:12.12	4:39.85
800 FREESTYLE RELAY	7:48.03	8:39.51	9:11.68	10:12.36
	Minimum Score	Minimum Degree of Difficulty	Minimum Score	Minimum Degree of Difficulty
1 METER (6 DIVES)	200	12.0	180	10.8
3 METER (6 DIVES)	200	12.0	180	12.0

*Bonus cuts are in red. Swimmers/divers qualified in only one or two individual events may add one bonus event provided the bonus cut is achieved.

All diving entries must meet the qualifying standards for the minimum point total in a bona fide championship or certified diving meet. Judges must be used in computing the point totals. Scores must be submitted on the official entry form and a copy of the diving sheet along with Degree of Difficulty should be included with the entry. Diving scores can be achieved in a 6 optional -OR- in a 5 optional/1 voluntary format. Furthermore, either of these formats can be pulled from an 11 dive format to achieve the 6 dive standard on either board.

For diving qualifications: if the minimum score is met by 16 competitors (in any one category) those top 16 athletes would qualify for the national meet. If there is a tie for 16th place on the top times list, all divers tied in the 16th place would be qualified for the meet.