



Raising The Bar

For
Higher Standards
In
Performance Swimming

2020 Olympic Time Standards

Men's		Event	Women's	
Olympic Qualifying Time (OQT / "A" Time) - 2 Entries	Olympic Selection Time (OST / "B" Time) - 1 Entry		Olympic Qualifying Time (OQT / "A" Time) - 2 Entries	Olympic Selection Time (OST / "B" Time) - 1 Entry
22.01	22.67	50m Freestyle	24.77	25.51
48.57	50.03	100m Freestyle	54.38	56.01
1:47.02	1:50.23	200m Freestyle	1:57.28	2:00.80
3:46.78	3:53.58	400m Freestyle	4:07.90	4:15.34
7:54.31	8:08.54	800m Freestyle	8:33.36	8:48.76
15:00.99	15:28.02	1500m Freestyle	16:32.04	17:01.80
53.85	55.47	100m Backstroke	1:00.25	1:02.06
1:57.50	2:01.03	200m Backstroke	2:10.39	2:14.30
59.93	1:01.73	100m Breaststroke	1:07.07	1:09.08
2:10.35	2:14.26	200m Breaststroke	2:25.52	2:29.89
51.96	53.52	100m Butterfly	57.92	59.66
1:56.48	1:59.97	200m Butterfly	2:08.43	2:12.28
1:59.67	2:03.26	200m Individual Medley	2:12.56	2:16.54
4:15.84	4:21.46	400m Individual Medley	4:38.53	4:46.89



Tokyo, Japan
Swimming Events:
July 25 - August 2, 2020