



Raising The Bar

For
Higher Standards
In
Performance Swimming

SWIMMING
CANADA
NATATION



2020 Canadian Swimming Trials Qualifying Standards				
Women			Men	
Senior	2002-2006 YOB	Event	Senior	2002-2006 YOB
26.87	27.29	<i>50 fr</i>	23.95	24.56
57.45	58.94	<i>100 fr</i>	51.79	53.25
2:04.66	2:07.57	<i>200 fr</i>	1:53.63	1:56.47
4:25.15	4:31.63	<i>400 fr</i>	4:03.10	4:10.18
9:11.99	9:21.43	<i>800 fr</i>	8:40.28	8:44.55
18:01.82	18:11.55	<i>1500 fr</i>	16:23.72	16:48.31
1:04.51	1:05.97	<i>100 bk</i>	58.88	1:00.11
2:19.60	2:22.97	<i>200 bk</i>	2:08.48	2:11.69
1:13.10	1:15.78	<i>100 brst</i>	1:05.49	1:08.10
2:38.35	2:42.80	<i>200 brst</i>	2:22.41	2:28.74
1:02.63	1:04.35	<i>100 fly</i>	56.33	58.02
2:21.51	2:24.40	<i>200 fly</i>	2:06.55	2:10.89
2:22.40	2:24.90	<i>200 IM</i>	2:09.02	2:12.21
5:03.68	5:08.43	<i>400 IM</i>	4:37.96	4:44.63

Toronto PanAm Sports Centre
March 30 - April 5, 2020